

Making conversations easier

## Enhance your communication skills

**MODULE: END-OF-LIFE CONVERSATIONS** 

## FIND OUT MORE:

www.hse.ie/nhcprogramme @NHCProgramme



## During this four hour workshop you will:

- Review core communication skills using the Calgary-Cambridge Guide, focusing especially on skills for sensitive and difficult conversations;
- Learn how these skills can be used and adapted for conversations with patients/family members where a patient is likely in their last weeks, days, or hours of their life, and also where family members have been recently bereaved;
- Practice key skills for these conversations and gain a better understanding of your own communication, through reflection and facilitated feedback;
- Set yourself up to three realistic goals for using your learning in your own work.tice to enhance your communication skills for shared decision making.

