What will you get?

During this module you will:

- Understand what motivational interviewing is;
- Understand the principles of motivational interviewing;
- Consider, identify and demonstrate the communication skills for motivational interviewing;
- Reflect on and identify key skills you wish to practice to enhance your communication skills for motivational interviewing.

How will you be supported?

A range of adult learning methodologies will be used including classroom-based modules, role play, reflective practice and group work.

For more information, please contact:
(include name, telephone and email)

Get involved

Check out our webpages, Linkedin and Instagram accounts to find out more about our workshops, view our case studies, videos, animations, reference cards and much more.

Download the app:
https://www.nhcprogramme.ie/download
Spotify: NHCP – Sos le Wini
www.hse.ie/nhcprogramme
@NHCProgramme



MODULE 7

Conversations about change

An Introduction to Motivational Interviewing

National Healthcare Communication Programme

Module

An introduction to motivational interviewing

Motivational interviewing is a conversation about changing healthcare behaviours. Its aims to explore and resolve ambivalence, provide a direction for change & strengthen a person's personal motivation.

This workshop supports participants to learn and develop communication skills for motivational interviewing. The communication skills for building rapport, demonstrating empathy, gathering and giving information were covered in Module 1 (Making Connections) and Module 2 (Core Consultation Skills) and in this module we are consolidating that learning with more in-depth teaching and practice sessions.

Educational methods

The workshops are grounded in educational theory, evidence-based best practice and experiential learning. Participants' own experiences in healthcare and the collective experiences of the group are used to enhance learning.

Next workshop

VENUE:

DATE AND TIME:

This activity has been approved for 5 CPD Credits

Context

Research evidence indicates that a healthcare team member's communication skills can have a profound impact on healthcare outcomes and on the experience of care for patients and their families. The ability of healthcare staff to listen, explain and empathise can influence the patient's capacity to follow through with treatment recommendations and empower patients and their families to find solutions to their health challenges. In addition, communication among healthcare team members can encourage good working relationships, job satisfaction and improve patient safety.

National Patient Experience Survey

The Results of the National Patient Experience Survey (NPES) provide acute hospital services in Ireland with tangible evidence about what matters to patients and their families, about their journey through Irish Hospitals and identifies areas for improvement.

The Programme

This Programme is designed to support healthcare staff to take a skilled, sensitive and person-centred approach to all conversations with patients, their families and with colleagues. The Programme is under-pinned by the Core Values of Care, Compassion, Trust and Learning.

How will it be delivered?

The Programme modules are short, intensive and practical. Delivery of the modules over nonconsecutive days will allow participants to do some on-the-job reflection between modules. In-house facilitators will deliver the modules with support from the National Programme.